

Date:

Patient D.O.B.:

NHS number:

Dear

## PRESCRIPTION REQUEST

As the dietician overseeing

who is on the Ketogenic Diet for

Classic Bar Qty:

Classic Chicken Qty:

will aid in the daily compliance to the Ketogenic Diet Prescription.

NICE have recognised these findings and recommend that, “children and young people with epilepsy whose seizures have not responded to appropriate AEDs should be referred to a tertiary paediatric epilepsy specialist for consideration of the use of a ketogenic diet” (NICE, 2012).

This approach is also mirrored by our regional medicines management team since

The availability of essential solutions to aid in dietary compliance with the ketogenic dietary protocol will allow for my patient to succeed on their treatment plan. It will also help to **reduce the need for further medication** and **reduce the risk of experiencing side effects** and the need for hospitalisation as a result of side effects complications.

Yours sincerely,

References:

The National Institute for Clinical Excellence (2012). The epilepsies: the diagnosis and management of the epilepsies in adults and children in primary and secondary care. NICE Clinical Guidelines